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Strapping Instructions

1. Leave strapping in place, preferably 3-5 days.
2. Keep strapping dry - If it gets wet, remove it.
3. Remove strapping if any irritation, redness, rash, itching or there is an increase in symptoms.
4. Remove strapping prior to your next appointment.
5. Call office if problems, rash or questions.
6. Wear athletic shoe gear until next visit.