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## Salinocaine/Moleskin Instructions

- 1. Remove pads on the bottom of both feet in 48 hours/2 days.
- 2. <u>DO NOT</u> leave pads on longer than 2 days.
- 3. You may use a pumice stone on bottom of foot after the pads are removed.
- 4. While pads are on, KEEP DRY